Canada Post employee per diem and kilometre rates

(Effective February 21, 2020)

Meals and overnight incidental allowance

Per diem	Canada and U.S.*	Yukon and Alaska	N.W.T.	Nunavut
Meal allowances (including tax/tip)				
Breakfast	\$20.35	\$22.75	\$24.15	\$27.35
Lunch	\$20.60	\$20.90	\$29.30	\$33.20
Dinner	\$50.55	\$60.25	\$62.70	\$88.45
TOTAL	\$91.50	\$103.90	\$116.15	\$149.00
Incidental allowance	\$17.30	\$17.30	\$17.30	\$17.30
Private non- commercial accommodation	\$50.00	\$50.00	\$50.00	\$50.00

^{*} Allowances in the Continental U.S. are the same as in Canada but paid in U.S. funds.

Kilometre rates cents/km

Province/Territory	First 12,900 km	Over 12,900 km	Requested rates
Alberta	43¢	32¢	12¢
British Columbia	49¢	32¢	13¢
Manitoba	46¢	32¢	12.5¢
New Brunswick	48¢	32¢	12.5¢
Newfoundland	52¢	32¢	14¢
Northwest Territories	58¢	35.5¢	21¢
Nova Scotia	47¢	32¢	11¢
Nunavut	55¢	35.5¢	21¢
Ontario	51¢	32¢	12.5¢
Prince Edward Island	47¢	32¢	12¢
Quebec	49¢	34¢	13¢
Saskatchewan	46¢	32¢	12.5¢
Yukon	57¢	35.5¢	20.5¢